

QualityTraininguk



for the caring professional

Post Qualifying Diploma in Counselling Children and Young People

Prospectus



Endorsed by the Awarding Body Consortium



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*Quality Training UK is dedicated
to providing high quality training
particularly for those working
with young people.*

DIPLOMA IN COUNSELLING CHILDREN AND YOUNG PEOPLE

Endorsed by the Awarding Body Consortium



This is a post qualifying course for individuals drawn from the helping professions. It is designed to encourage participants who have successfully undertaken a Diploma in Counselling, or equivalent, (minimum of 450 hours of training) and can show evidence of working in a professional capacity in the community, particularly with children or adolescents, to continue their professional and personal development in the field of counselling.

Method:

The course will be delivered through a series of lectures, seminars, experiential workshops, group discussion and private study. It is a 14 day course delivered in 2 day sessions over 7 months.

Unit 1 will provide a historical background of counselling services for young people in this country and how they have been affected by, for example, The Tyler report, The Thompson Report, The Mental Health Foundation report, 'Bright Futures' and WHO (World Health Organisation) It will also look at children's place in our society and how it impacts on their lives as well as issues for counselling young people such as confidentiality, accessibility, choice, the child-counsellor relationship, the Children Act and equal opportunities.

It will enable students to develop a philosophical base for their counselling practice with young people.

Intentions:

Within this unit it is intended that participants will:

- i) Explore the growth in youth culture in the post war years and the child's place in contemporary society.
- ii) Consider the importance of counselling for young people as a discreet service, based on reports published in the last 40 years.
- iii) Examine issues of confidentiality, accessibility, choice, the child - counsellor relationship, the Children Act and equal opportunities.
- iv) Critically analyse the post war ideologies of childhood and their implications for the way children are addressed.
- v) Critically analyse the ideologies of childhood embodied in reports on counselling children and the implications for the ways services are conceptualised and organised.
- vi) Analyse and critically evaluate theories about what differentiates counselling children from counselling adults.

Content:

The content will include:

- The growth of Youth Culture in the post war years.
- Family network systems and the child's place within them.
- Influences on the lives of young people in our society today.
- Tyler's research report No.1 1978
- The Thompson report 1982.
- The World Health Organisation report 1978.
- The Children Act 1989
- The boundaries of confidentiality.
- Access to counselling services, transport and rural communities.
- Freedom of choice and equal opportunities.
- The Child - Counsellor relationship.
- There will be opportunities for students to examine issues other than those listed above, as relevant to their work situations.

Assessment:

A case study of 2,000 - 3,000 words from the student's current practice, describing how the child's place in society and other issues related to counselling children and adolescents e.g. Confidentiality, the child - counsellor relationship, accessibility, have affected their work.

Unit 2 will focus on four different models of counselling and their relevance for work with young people, particularly in different settings such as schools, child guidance clinics, youth enquiry centres and peer group support/counselling.

It will enable students to critically assess the usefulness of different approaches in their working practice.

Intentions:

Within this unit it is intended that participants will:

- i) Critically evaluate the application and relevance of different models of counselling children in their practice.
- ii) Critically analyse the implications of different settings for counselling children.

Content:

The content will include:

- Person Centred counselling
- Existential Counselling
- Egan's Three Stage model of counselling
- Transactional Analysis.
- Cognitive Behavioural Therapy
- School Counselling services
- Child guidance Clinics
- Youth Enquiry Centres.
- Peer group counselling.
- There will be opportunities for students to examine issues other than those listed above, as relevant to their work situations.

Assessment:

An essay of 2,000 - 3,000 words. Essay Title: Compare and Contrast two models of Counselling and assess their relevance to a particular counselling setting.

Unit 3 will explore some specific aspects of counselling children and adolescents, identifying issues relevant to the therapeutic process. It also offers a range of creative interventions suitable for working with this age group.

It will enable students to understand the specific needs of young people when dealing with life events, and to assess the usefulness of a variety of different interventions in their working practice.

Intentions:

Within this unit it is intended that participants will:

- i) Explore some of the special areas of work concerned with counselling children such as bereavement, bullying, abuse, divorce and school phobia.
- ii) Consider and experience a range of creative interventions for working with children.
- iii) Consider the age appropriateness of a variety of interventions.
- iv) Analyse and critically evaluate theories about what differentiates counselling children from counselling adults.
- v) Examine issues which are likely to affect children and analyse the implications of how they are likely to experience them.
- vi) Explore and critically evaluate a range of creative strategies for use in counselling children in general.
- vii) Explore and critically evaluate a range of strategies for counselling children in relation to the specific issues.

Content:

The content will include:

- How children and young people are affected by bereavement and loss
- How children and young people are affected by divorce
- The effects and causes of bullying
- Physical, emotional and sexual abuse
- School phobia, causes, symptoms and treatment
- Anger management and Self esteem in young people
- Play therapy
- Art Therapy
- Story telling
- Writing & poetry
- Sand tray work
- Music & Dance
- There will be opportunities for students to examine specialist areas other than those listed above, as relevant to their work situations.

Assessment:

An essay of 2,000 - 3,000 words which explores one of the topics presented in this unit, e.g. bereavement, school phobia etc. and describe how it impacts on the student's work.

Essay title: 'Describe one specialist area of work with young people, e.g. bereavement, school phobia etc. and evaluate the use of creative interventions in your working practice.'

QTUK policies and procedures:

- recognise the diversity of background, experience and age of applicants to our courses and the different modes of study available;
- provide for equality of opportunity for all applicants within the selection criteria established for each programme;
- make clear where within the organisation the responsibility lies for each part of the recruitment and admissions process, such as determining the number of offers to be made relative to the number of places available, the setting of criteria against which applicants will be considered, and the selection of applicants;
- accommodate appropriately applications from international students;

Application:

- Applications can be made using the attached form and sending it to Quality Training UK, Barnfield Office, Kerlakes Court, Honiton, Devon, EX14 1DA, or alternatively, you can apply online at: www.qualitytraininguk.com. Please also send a personal statement and a copy of your highest counselling related qualification to support your application.
- Due to the vulnerable nature of the client group, to which this course relates you are asked to disclose, in your personal statement, any conviction which would otherwise be deemed 'spent' under the Rehabilitation of Offenders Act 1974. To gain their Course Certificate students must submit a current Enhanced Criminal Records Bureau disclosure on completion of the course
- You must also supply two references – one from a former tutor or your supervisor and a character reference. Reference forms are enclosed which should be forwarded directly to your referees
- On receipt of your application you will be invited to an interview with the Director of Quality Training UK or the course tutor. This will give you an opportunity to ask questions about the content of the course and the methods of teaching and assessment requirements
- Following a successful interview you will receive an offer of a place on the course, in writing. In order to secure your place on the course you must respond within 14 days of this offer, enclosing your deposit for the course fees
- You will then receive a confirmation letter, which will give you venue details and joining instructions
- Having accepted a place on the course, you will be invoiced for the course fees and asked to sign a finance agreement which indicates that you are committed to paying the full course fees whether you complete the course or not
- We would be grateful if you could inform us as soon as possible if you do not intend to accept the offer of a place on the course
- If you are not offered a place on the course, you may appeal in writing, stating your case and the matter will be referred to our external ombudsman for consideration. If the ombudsman considers our reasons for not offering you a place on this course valid there is no further appeal

Fees and Costs:

- the Fee for this course is £1149.75 for self-funding individuals and for people funded by organisations the fee is £1350.95. This includes tuition costs, essay marking, Certification and costs to relevant external validating body.

- For information on financial assistance to support your learning, please visit www.direct.gov.uk/adultlearning or contact 0800 100 900.
- If a submitted assignment does not pass the criteria subsequent submissions of the same essay will incur a cost of £35 per referred assignment.

Selection:

- Candidates must have completed a Diploma in Counselling (minimum of 450 hours of training) or be in their final year of a Diploma or equivalent. Students will only be awarded the Diploma in Counselling Children and Young People, following completion of all the course criteria and upon production of a valid Diploma in Counselling. A copy of your highest counselling related qualification should accompany your application.
- Students need to be working with children and/or young people, either in a counselling setting or other relevant setting. Previous experience will be taken into account where students are not currently working with children or young people.
- We aim to respond in writing to applications received, within 5 working days. If you have not received a response to your application within 10 working days you should contact the office to ensure that your application has been received.
- In the event that the course is cancelled or deferred to a later date, you will be informed in writing one month in advance. You then have the option to withdraw if you so choose and receive a full refund.
- Any significant changes to the course status or programme will be made known to you in writing at the address given on your application form.
- Once you complete the course your Diploma in Counselling Children and Young People cannot be forwarded to you until we receive a copy of you current Enhanced Criminal Records Bureau Disclosure.